



MASLOW'S

# MORTIMER HOUSE

## CANTEEN | SAMPLE MENU

### SANDWICHES

- Provalone & Tomato Chutney pickled cucumber, land cress & smokey mustard (V)
- Turmeric Roast Cauliflower & Spiced Aubergine tahini, coriander & spiced yoghurt (V)
- Roast Broccoli & Free Range Egg smokey mustard mayo, pickled carrot & onion (V)
- Salt Beef & Smoky Mustard Mayo pickled cucumber & sweet mustard
- Smoked Chicken, Avocado & Bacon tarragon mayo, lettuce & tomato
- Hot Smoked Salmon dill mayo & pickled red cabbage
- Roast Beef & Confit Onion pickled

### SALADS

- Roast Cauliflower & Spiced Tomato Compote cucumber, black tahini, coriander & mint (V)
- Caesar Salad romaine, free range egg, parmesan, croutons & caesar dressing (V)
- Grilled Hispi Cabbage & Coconut Yoghurt pickled red onion, pumpkin seeds & almonds (V)
- Lentil & Fennel celery, radish, baby tomatoes, spring onion & MH dressing (V)
- Fregola & Courgette sun-dried tomatoes, pickled mushrooms, sumac, croutons (V)
- Roast Aubergine & Tahini mint, coriander, dried cranberries & pumpkin seeds (V)
- Butternut Squash & Goats Cheese pickled red onion & land cress (V)

### SOUP

- Lentil Soup confit carrot, celery, salsa verde (V)
- Potato & Saffron ricotta, chives and croutons (V)
- Carrot & Cumin coconut yoghurt & seeded sourdough (V)



If you have any allergies or food intolerance, please advise a member of staff.  
All prices include VAT. A discretionary 12.5% service charge will be added to your bill.

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## HOUSE COCKTAILS

- Bloody Mary Finlandia & house spiced tomato mix 10  
 Maslow's Mule Finlandia, ginger beer, raspberries & lime 11  
 Director's Folly Kamm & Sons, prosecco, soda & elderflower 11  
 London Tonic Bombay English Estate, St. Germain & lemon 12

## ORIGIN COFFEE

*100% Brazilian, dark chocolate, fudge & dark sugar notes.*

Espresso	2.5
Americano	3.5
Flat White	4
Cappuccino	4
Latte	4

## HOT DRINKS

Origin Hot Chocolate	4
Turmeric Latte	5
Matcha Latte	5

## CANTON TEA

*Beyond organic, some biodynamic and several from abandoned tea farms.*

English Breakfast	4
Earl Grey	4
Darjeerling	4
Jade Green Tips	4
Chamomile	4
Lemongrass & Ginger	4
Wild Rooibos	4
Fresh Mint	4

## PROTEIN SHAKES

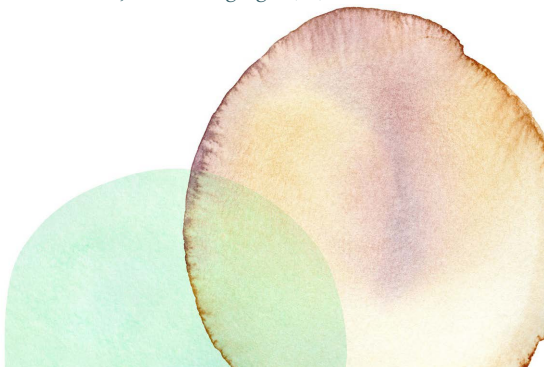
Chocolate Heaven almond milk, peanut butter, flax seed, chocolate & peanut protein (PB)	6
Power House almond milk, spinach, matcha, almond butter & vanilla protein (PB)	6

## SMOOTHIES

Berry & Acai blackberry, raspberry, goji, acai, banana & coconut milk (PB)	6
Coffee & Banana espresso, cacao nibs, banana, date & oatmilk (PB)	6

## JUICES

Apple	3.5
Orange	4
Pink Grapefruit	4
Replenish spinach, spirulina, cucumber celery, apple & ginger (PB)	5
Cleanse beetroot, carrot, orange, cucumber, lemon & ginger (PB)	5



### AVAILABLE "MILKS"

Oat / Soya / Coconut / Almond